

GUIDELINES FOR COMMUNION ASSISTANTS

COMMUNION ASSISTANTS HELP WITH THE DISTRIBUTION OF WINE/GRAPE JUICE DURING OUR SUNDAY MORNING WORSHIP.

- At the time of Holy Communion, after the Pastor has finished the blessing of the elements and we've said the Lord's Prayer, communion assistants should come forward from their pews to the altar area.
- Hand sanitizer is available at the altar. Please clean your hands.
- Communion trays are behind the altar. Take a tray and move to either:
 - The end of the railing on one side for Standing Communion
 - The front of the altar for Kneeling Communion
- For Standing Communion:
 - Individuals will come down the center aisle to receive the bread and then make their way to you to receive juice or wine.
- For Kneeling Communion:
 - Individuals will kneel at the rail. You will follow the Pastor or Worship Assistant and distribute juice or wine at the railing.
- Children generally receive juice and adults who require juice will indicate such. Most adults receive wine.
- Distribute the wine or juice cup to each individual with the words: "The blood of Christ shed for you."
- After all have received communion, return to the back of the altar to receive bread and cup from the Pastor or worship assistant and then make your way back to your seat.